







February Activity Calendar

	1 Challenge your preschooler to hop on one foot as long as they can.	2 Today is Groundhog Day! Will Punxsutawney Phil see his shadow?	3 Today is Feed the Birds Day. Make a bird seed ornament or just sprinkle bird seed in the yard.	4 	5 Fill your book basket with books about polar animals. Read them this month.	6 Talk about the color red. Have your child dress in red clothing and create a piece of artwork using only red.
7 Have your preschooler make a card for a loved one. Deliver it in person, if possible.	8 	9 Today is National Pizza Day. What will you serve for lunch?	10 	11 Read <u>My Heart is Like a Zoo</u> . Make animals with heart shapes.	12 Happy birthday, Abraham Lincoln!	13 
14 Happy Valentine's Day! Serve heart-shaped pancakes for breakfast.	15 It's Dental Health Month. Teach your child to properly brush his/her teeth.	16 Read <u>The Very Busy Spider</u> , and lace a paper plate with yarn.	17 Challenge your preschooler to do three Random Acts of Kindness today.	18 	19 	20 Enjoy a cup of hot chocolate with LOTS of marshmallows.
21 Paint a snowman with puffy paint.	22 Happy birthday, George Washington!	23 Read <u>Snowflake Bentley</u> and cut out paper snowflakes.	24 Try ice painting with melting ice cubes. For more fun, color the water before you freeze it.	25 Teach your little one "One Two Buckle My Shoe" with the accompanying motions.	26 Stand uncooked pieces of spaghetti in a small mound of playdough. Thread round cereals on each piece.	27 Take a walk around the neighborhood if the weather is nice.
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